









**STEAMBOAT PENTATHLON**  
 Saturday, March 20, 2010 - Page 1

Howelsen Lodge/  
 Olympian Hall




5th Street Intersection  
**MUST STOP** on Return  
 (5 Minute Penalty)

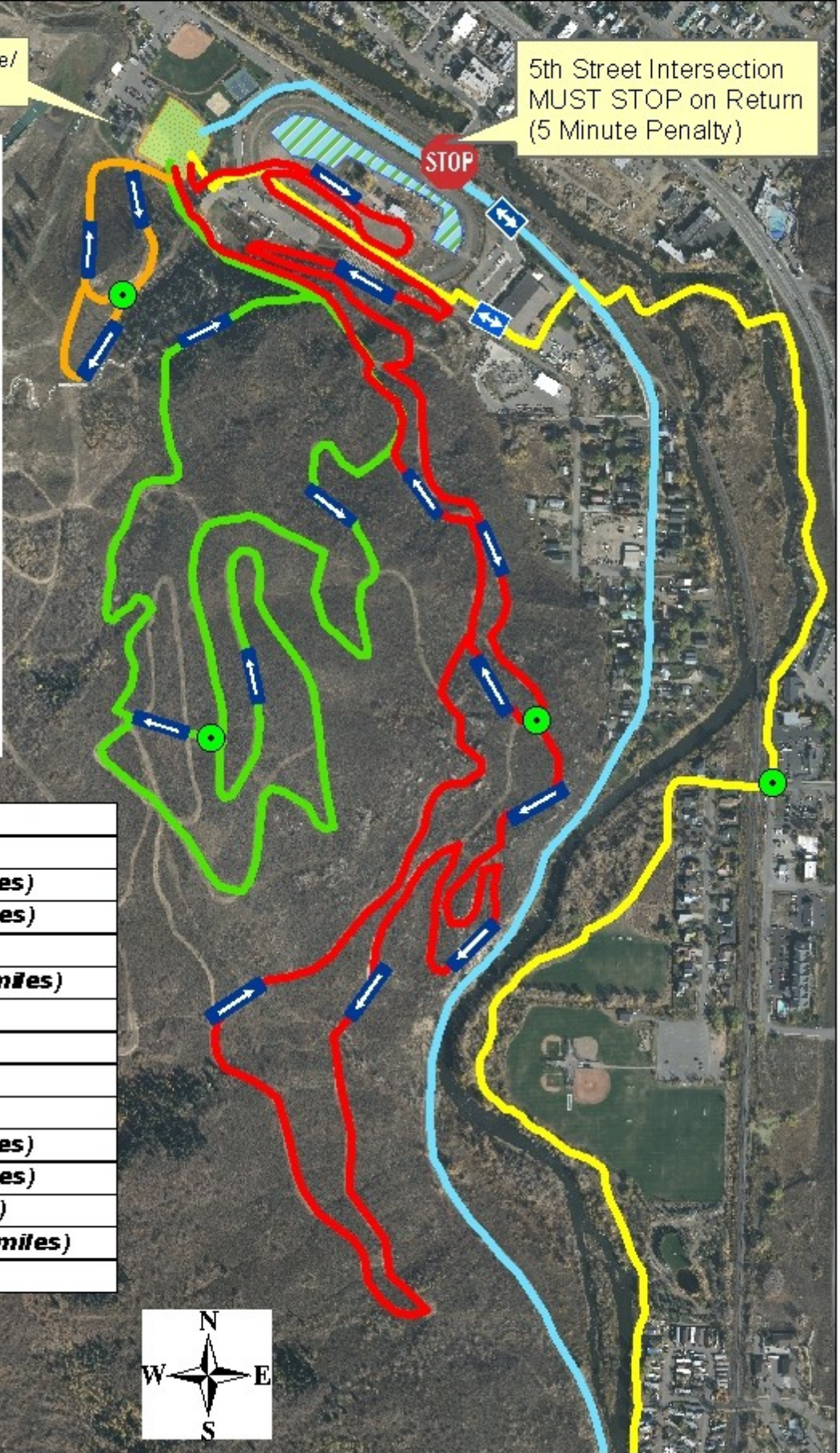
**Legend**

-  Transition Area Start/Finish
-  Alpine
-  Snowshoe
-  XC Ski
-  Bike
-  Run
-  Short Course Turnaround
-  Overflow Parking

**Aerials2008\_Update**

**RGB**

-  Red: Band\_1
-  Green: Band\_2
-  Blue: Band\_3



<b>Standard Course</b>	
Stage	
<b>1</b>	<b>Alpine Skiing (.46 miles)</b>
<b>2</b>	<b>Snowshoeing (2.5 miles)</b>
<b>3</b>	<b>XC Skiing (4 miles)</b>
<b>4</b>	<b>Mountain Biking (12 miles)</b>
<b>5</b>	<b>Running (5 miles)</b>
<b>Short Course</b>	
Stage	
<b>1</b>	<b>Alpine Skiing (.33 miles)</b>
<b>2</b>	<b>Snowshoeing (1.5 miles)</b>
<b>3</b>	<b>XC Skiing (2.25 miles)</b>
<b>4</b>	<b>Mountain Biking (7.4 miles)</b>
<b>5</b>	<b>Running (2 miles)</b>

1 inch = 675 feet



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